

## Create a Life-Line

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### **Materials Needed:**

Large piece of paper (freezer paper, construction paper, or several sheets of typing or legal paper)

Colored markers, crayons, etc.

### **How to begin:**

Draw a line horizontally on the paper. At one end of the line write the year you were born. Mark the other end of the line with the current date.

What we are about to do will be shared with others in our confirmation group. Only put on paper the things you are willing to have everyone see. We can talk about other things but don't need to write them on the paper if they are private or sensitive in nature.

On either the top or bottom of the line make hash marks indicating when the significant events that are part of your life history. You might include your birthday, when you started school, learned a new skill, took up a new hobby, or an historical event that impacted your life significantly, etc.

Look at your life line again, and using a different color, mark the times in your life where you sensed God's love and presence in some way. The marks may be important dates or events like your baptism, or a time when someone helped you with a problem. The marks could also stand for special people in your life who helped you know God better. The marks might indicate times that you felt close to or far away from God, or times when you felt courage, strength or inspiration coming from someplace beyond yourself. The marks may also include times that you had a prayer answered or that a prayer went unanswered.

Here are some questions that may help you remember times you will want to include on your life-line:

- What are some of the times when you were aware of God's presence with you?
- What experiences, events and people have helped you know God's presence or know about God better?
- How have family, friends, or church members helped you in your faith journey?
- What qualities or traits might someone else see in you that show your faith?
- What qualities or traits do you hope God will help you develop as your faith grows?
- Even though you are unique, have you discovered ways your life and faith story connects with the story of others?